



Health & Wellness Directory

WC Health & Wellness Roundtable Sponsor:



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UNIVERSITY®**

Woodford County Health & Wellness Roundtable Champions



Cassie H. Prather MPH, R.S.
Public Health Director
Woodford County Health Department



Laurie Dorough
Executive Director
Daisy Hill Senior Living

As two health professionals ourselves and board members of the Woodford Chamber of Commerce, we recognize that without a healthy workforce, we do not have a workforce. The Woodford Chamber is proud to support our health & wellness industries of all types to support not only a healthy workforce but a health community made for all - from infants to being able to age in the right pathway for you and your family.

Our Woodford Health & Wellness Roundtable is dedicated to showcasing a variety of services and professionals in our community each month through a roundtable for industry partners and is committed to ongoing education and awareness of resources through community outreach as well.

We hope you enjoy this complimentary Health & Wellness Directory that helps to share resources that may be of interest to you and that can serve as quick reference for referrals. These are Chamber members and advertisers but if you know other resources we are missing, we encourage them to join our open roundtable meetings and would love to welcome them as members of the Woodford Chamber of Commerce.

Stay healthy and well,
Laurie and Cassie

Woodford County Health & Wellness Directory

The Woodford County Health & Wellness Directory is a community resource that connects organizations that provide health and wellness services to the Woodford County community.

Categories within this directory are:

LONG TERM CARE
EMERGENCY SERVICES
SPECIALTY SERVICES
TRANSPORTATION
AND MORE

This directory consists companies, organizations, non-profits, and individuals that are located in and/or serve Woodford County.

Find all Woodford County Health & Wellness details and resources on our website:

WoodfordCountyInfo.com



Woodford County Health & Wellness Directory

LONG TERM CARE

Daisy Hill Senior Living

SERVICES: Independent Living Villas, Assisted Living, Memory Care

859-753-2000 daisyhillseniorliving.com

1001 Crossfield Dr Versailles, KY 40383

Pleasant Meadows Assisted Living

SERVICES: Assisted Living

859-317-8439 MyPleasantMeadow.com

2141 Executive Dr Lexington, KY 40505

Sayre Christian Village

SERVICES: Independent Living, Assisted Living, Memory Care, Skilled Nursing, Short-Term Rehab, Outpatient Therapy

859-271-9000 sayrechristianvillage.org

3775 Belleau Wood Dr Lexington, KY 40517

Taylor Manor Nursing Home

SERVICES: Assisted Living Services, Personal Care, Skilled Nursing

859-873-4201 taylormanor.org

300 Berry Ave Versailles, KY 40383

The Homeplace at Midway

SERVICES: Assisted Living, Personal Care/Memory Care, Skilled Nursing Care, Short Term Rehabilitation, Long Term Care

8859-846-4663 homeplaceatmidway.christiancarecommunities.org

101 Sexton Way Midway, KY 40347

The Willows

SERVICES: Home Care

859-543-0337 Trilogyh.com

2531 Old Rosebud Rd Lexington, KY 40509

Woodford County Health & Wellness Directory

HOME CARE SERVICES - NON MEDICAL

Bluegrass Home Care Services

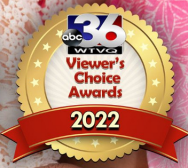
SERVICES: Bathing, Dressing, Preparing Meals, Medication Reminders,
Transportation, Grocery Shopping, and Housekeeping

859-334-0744 bluegrasshomecareservices.com

2039 Regency Rd Unit 1 Lexington, KY 40503

40

years serving
Seniors in the
Bluegrass



Independent Living | Assisted Living | Memory Care | Skilled Nursing | Short-Term Rehab
Fayette County's Only Faith-Based Nonprofit Continuing Care Retirement Community



859-271-9000
SayreChristianVillage.org

Woodford County Health & Wellness Directory

EMERGENCY SERVICES

Bluegrass Community Hospital

SERVICES: Anesthesiology, Cardiology, Case Management, Emergency Room 24/7, Family Medicine, Gastroenterology, General Surgery, and more
859-873-3111 bluegrasscommunityhospital.com
360 Amsden Ave Versailles, KY 40383

Frankfort Regional Health - Versailles

SERVICES: Frankfort Regional Health in Versailles offers patients living and working in Versailles, Midway, and the surrounding communities in Woodford County and beyond access to some of the region's top specialists.
859-881-1211 FrankfortRegionalHealth.com
125 Big Sink Rd Suite B Versailles, KY 40383

Woodford County EMS

SERVICES: Emergency Health Care
859-699-4946
86 Big Sink Rd Versailles, KY 40383



Versailles

Dr. Emily Powell

MortensonDental.com

Woodford County Health & Wellness Directory

SPECIALTY SERVICES

Bluegrass Digestive Health

SERVICES: Colonoscopies, Diagnose & Treat Hepatic Disease, Endoscopies, Medical Management of GI Conditions, and Patient Needs Assessment
859-879-2451 [BluegrassCommunityHospital.com/Digestive-Care](https://www.bluegrasscommunityhospital.com/Digestive-Care)
360 Amsden Ave Ste. 301 Versailles, KY 40383

Cardiology at Bluegrass Community Hospital - Dr. Joe Thomas

SERVICES: Preventive Cardiology, Medication Management, Nuclear Stress Test, Echo Stress Test, Transthoracic Echo, and Cardiac Arrhythmia Evaluation & Management
502-863-3303 [BluegrassCommunityHospital.com/Cardiology](https://www.bluegrasscommunityhospital.com/Cardiology)
360 Amsden Ave Ste. 301 Versailles, KY 40383

Central Kentucky General Surgery - Versailles

SERVICES: Appendectomy, Breast Surgery, Colonoscopy, Colon Resection (For Benign & Malignant Disease), Hemorrhoidectomy, Gall Bladder Removal
859-879-2424 [BluegrassCommunityHospital.com/Cardiology](https://www.bluegrasscommunityhospital.com/Cardiology)
370 Amsden Ave Ste. 501 Versailles, KY 40383

Central Kentucky Interventional Pain Management Center - Versailles

SERVICES: Botox Injection for Migraines/Spasticity, Bursa Injection, Carpal Tunnel Injection, Cervical/Thoracic/Lumbar/Transforaminal/Caudal Epidural, Cervical/Thoracic/Lumbar Facet Block, Cervical/Thoracic/Lumbar radiofrequency Ablation, Genicular Nerve Block/Ablation, Hip/Shoulder/Sacroiliac/Knee Injection, Kyphoplasty, Nerve Block, Occipital Nerve Block, Pain Pump Trails/Implants, Stellate Ganglion Block, Sympathetic Block, and Trigger Point Injection
502-570-3767 [BluegrassCommunityHospital.com/Interventional-Pain-Management](https://www.bluegrasscommunityhospital.com/Interventional-Pain-Management)
370 Amsden Ave Ste. 504 Versailles, KY 40383



Count on us.

To care for your heart.

We provide a range of cardiac services, close to home in Versailles. From healthy heart care to emergency care in our accredited Chest Pain Center, we're at the heart of our community's health.

From the routine to the unforeseen, count on us.



How Healthy Is Your Heart?
Take our free heart health assessment at
[BluegrassCommunityHospital.com/Heart](https://www.bluegrasscommunityhospital.com/Heart)

To find a healthcare provider, call **502.863.3303**



Woodford County Health & Wellness Directory

SPECIALTY SERVICES

Kentucky Orthopedics & Spine - Versailles

SERVICES: Hand and Wrist, Arthritis, Arthroscopic Surgery, Foot & Ankle, General Orthopedics, Hip, Knee, Neck, Spine & Back, Shoulder & Elbow, Sports Medicine, and Total Joint Reconstruction & Joint Replacement

859-753-4156 KentuckyOrthoandSpine.com

370 Amsden Ave Ste. 503 Versailles, KY 40383

Life Adventure Center

SERVICES: Life Adventures Center uses outdoor adventure to transform lives affected by trauma and build more resilient people for a better world.

859-873-3271 LifeAdventureCenter.org

570 Milner Rd Versailles, KY 40383

Physical Therapy Center at Bluegrass Community Hospital

SERVICES: Physical Therapy, Occupational Therapy, Speech Therapy, and Sports Medicine

859-879-2438 BluegrassCommunityHospital.com/Therapy

370 Amsden Ave. Ste. 502 Versailles, KY 40383

Senior Life Solutions at Bluegrass Community Hospital

SERVICES: Confidential & Comprehensive Assessment, Group & Individual Therapy, Family Therapy, Medication Education & Management, After-Care Planning

859-879-2459 BluegrassCommunityHospital.com/SeniorLifeSolutions

360 Amsden Ave Ste. 302 Versailles, KY 40383

Woodford County Health & Wellness Directory

SPECIALTY SERVICES

Spring View Podiatry - Versailles

SERVICES: Bunions, Complex Deformity Correction, Corns, Calluses, Toenail Pain, Diabetic Foot Care, Wound Care, Limb Salvage, Foot & Ankle Arthritis, Hammertoes & Digital Deformities, Ingrown Toenails, Foot & Ankle Infections, Nerve Pain & Neuroma Treatment, Occupational Foot & Ankle Care, Trauma & Fracture Care

270-692-3161 BluegrassCommunityHospital.com/Podiatry

370 Amsden Ave Ste. 503 Versailles, KY 40383

Swing Bed Care at Bluegrass Community Hospital

SERVICES: Extended Wound Care Needs, Acute/Sub-Acute Rehabilitation (Physical, Speech and Occupational Therapy), Extended IV Therapy/Antibiotic Therapy, Respiratory Therapy, Discharge/Teaching Needs

859-879-3332 BluegrassCommunityHospital.com/Swing-Bed

370 Amsden Ave. Ste. 504 Versailles, KY 40383

Women's Care of the Bluegrass

SERVICES: OB/GYN

866-861-6157 CumberlandFamilyMedical.com

360 Amsden Ave Ste. 200 Versailles, KY 40383



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UNIVERSITY®**

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Culture of Caring**

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Doctoral Degrees for
Registered Nurses.

Proud to call Versailles, Kentucky home.

The advertisement features a photograph of a smiling nurse in a white coat examining a young child's hand. A woman is holding the child, and they are all smiling. The background is a soft-focus clinical setting.

Woodford County Health & Wellness Directory

SPECIALTY SERVICES

Woodford County Pediatric Therapy

SERVICES: Speech Pathologist

859-279-0252 KidTherapy.org

205 Frankfort St #3 Versailles, KY 40383

SPECIALTY SERVICES



Woodford County Health Department

Prevent. Promote. Protect.



229 North Main Street
Versailles KY, 40383

www.WCHD.com



 /woodfordhd

 /healthwoodford

 /woodford_healthdept

Woodford County Health & Wellness Directory

FAMILY HEALTH

The Little Clinic

SERVICES: Walk-in Clinic
859-297-1072 Kroger.com
212 Kroger Way Versailles, KY 40383

Versailles Family Medicine

SERVICES: Medical Center
859-879-0111 VersaillesFamilyMedicine.com
460 Wilson Ave Versailles, KY 40383

Versailles Pediatrics

SERVICES: Pediatric Clinic
859-873-3570 CumberlandFamilyMedical.com
360 Amsden Ave. Ste. 200 Versailles, KY 40383

Versailles Urgent Care

SERVICES: Medical Clinic
859-879-0272 UrgentCareofKY.com
432 Lexington Rd Versailles, KY 40383

Woodford County Health & Wellness Directory

TRANSPORTATION

Bluegrass Community Action Partnership

SERVICES: Transportation, Food, Clothing, and more
859-873-8182 bluegrasscommunityaction.org
200 Park St Versailles, KY 40383

Woodford Wheels

SERVICES: Affordable Transportation
859-753-8091 facebook.com/woodfordwheels
229 N Main St Versailles, KY 40383

Woodford County Health & Wellness Directory

DENTISTRY

Central Kentucky Endodontics

SERVICES: Provided treatment limited to the specialty of endodontics

859-368-7337 CKYEndo.com

1001 Monarch St # 210 Lexington, KY 40513

Mortenson Family Dental

SERVICES: General Dentistry, Sedation, Extractions, Implants, Whitening, Dentures, and Clear Aligners

859-873-0565 mortensondental.com

217 N Main St Versailles, KY 40383

DENTISTRY

World Class Chiropractic Care Right Here in Versailles!



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511 Marsailles Road | Versailles, KY 40383
844-814-CORE | www.coreversailles.net

We accept Major Medical, KY Medicaid, auto accidents and Medicare Insurance



Woodford County Health & Wellness Directory

DENTISTRY

Versailles Family Dentistry

SERVICES: Complete Dental Care

859-873-4451 versaillesfamilydentistry.com

479 Lexington Rd Suite 103 Versailles, KY 40383

DENTISTRY



Count on us for your
annual mammogram.



 **BLUEGRASS**
COMMUNITY HOSPITAL

To schedule your 3D mammogram, call:
833.234.4050, Option 3

BluegrassCommunityHospital.com/Mammo

Woodford County Health & Wellness Directory

PHARMACY

Kroger Pharmacy

SERVICES: Full-Service Pharmacy
859-873-1324 WoodfordFamilyPharmacy.com
212 Kroger Way Versailles, KY 40383

Woodford Family Pharmacy

SERVICES: Full-Service Pharmacy
859-879-3784 WoodfordFamilyPharmacy.com
453 Lexington Rd Versailles, KY 40383

PHARMACY



Rector Hayden

REALTORS®



a BERKSHIRE HATHAWAY affiliate

Cindy Shryock Jeri Hartley

Woodford County Health & Wellness Directory

SUBSTANCE ABUSE - COUNSELING - MENTAL HEALTH SERVICES

BrightView Health

SERVICES: Outpatient Addiction Treatment, MAT, Case Management, Peer Support, Individual/Group Counseling
859-629-9463 brightviewhealth.com
1154-A Lexington Rd Georgetown, KY 40324

Isaiah House Treatment Center

SERVICES: Substance Use Disorder Treatment for Men & Women
859-375-9200 isaiah-house.org
4185 Lexington Rd Versailles, KY 40383

New Vista

SERVICES: Mental Health Treatment: Therapy & Psychiatry, Inpatient & Outpatient Substance Use Treatment, Intellectual & Developmental Disability Services for Children and Adults, Primary Care
800-928-8000 newvista.org
1351 Newtown Pike Lexington, KY 40511

Revitalize Counseling Services

SERVICES: Mental health clinic, individual counseling, in-school counseling, and other services
859-753-6626 RevitalizeCounselingServices.com
460 Wilson Ave Versailles, KY 40383

Serenitee At Its Best

SERVICES: Substance Abuse Counseling
859-846-1909 sereniteeatitsbest.com
125 Big Sink Rd Suite D Versailles, KY 40383

Woodford County Health & Wellness Directory

ABUSE & ADVOCACY SERVICES

Children's Advocacy Center of the Bluegrass

SERVICES: Non-profit dedicated to reducing childhood trauma experience through sexual misconduct

859-225-5437 KYKids.org

162 N Ashland Ave Lexington, KY 40502

CASA of Lexington

SERVICES: Advocates for abused and neglected children in the family court systems

859-246-4313 CASAofLexington.org

3245 Loch Ness Dr Lexington, KY 40517

Serenitee At Its Best

SERVICES: Substance Abuse Counseling

859-846-1909 sereniteeatitsbest.com

125 Big Sink Rd Suite D Versailles, KY 40383

Still Waters Center

SERVICES: Provides sexual assault exams by forensically trained and licensed nurses

859-537-1847, StillWatersCenter.com

2025 Regency Rd #100 Lexington, KY 40503

Wild Goose Boutique

SERVICES: Provides Dignity Bags to help restore the dignity of those who have endured sexual assault. Our desire is to encourage each survivor, and to help them recognize their worth, their beauty, their courage, and their strength

937-623-9812

Woodford County Health & Wellness Directory

CHIROPRACTIC & PHYSICAL THERAPY

CORE Health Center

SERVICES: Offers complete chiropractic and wellness programs

859-568-5700 GotCore.net

511 Marsailles Rd Versailles, KY 40383

KORT Physical Therapy

SERVICES: Physical Therapy, Aquatic Therapy, Orthopedic Rehabilitation, Recovery and Reconditioning, Dry Needling, Fall Prevention Program, Manual Therapy, Pain Management, and more.

859-286-6848 KORT.com

374 Kroger Way Versailles, KY 40383

Physical Therapy Center at Bluegrass Community Hospital

SERVICES: Physical Therapy, Occupational Therapy, Speech Therapy, and Sports Medicine

859-879-2438 BluegrassCommunityHospital.com/Therapy

370 Amsden Ave. Ste. 502 Versailles, KY 40383



Woodford County Health & Wellness Directory

FITNESS & WELLNESS

CJ Aesthetics

SERVICES: Skincare services, facials, acne treatments, chemical peels, lash lifts
859-253-0038
716 Henry Clay Blvd Lexington, KY 40505

Elemental Yoga & Wellness

SERVICES: Yoga, Fitness, Reiki, Reflexology, Individual Sessions
859-533-0155 elementalyogawellness.com
201 N Main St Versailles, KY 40383

Mind & Body Wellness MedSpa

SERVICES: Specializes in HydraFacial, Botox/Dysport/Xeomin, Fillers, Chemical Peel, IV Nutrition, Microneedling, Dermaplaning, and more
859-221-4637 MindBodyWellnessMedspa.com
202 Frankfort St Suite 102 Versailles, KY 40383

Nutrition by Petra

SERVICES: Nutrition Coaching
859-213-0378 facebook.com/PTbyPETRA

Phases Healing & Massage

SERVICES: Holistic Therapy, Massage
859-592-1881 PhasesDoulaLMT.com
223 S Main St Versailles, KY 40383

Woodford County Health & Wellness Directory

FITNESS & WELLNESS

Red Jacket Message Therapy

SERVICES: Customized Therapeutic Massage, Hot Stone Massage, Aromatherapy Lotions, Far Infra-Red Sauna

859-333-1948 red-jacket-massage-therapy.business.site

426 Lexington Rd Suite 125 Versailles, KY 40383

Skin Boutique By Kaylan

SERVICES: Specializes in skin health consultations, customized prescribed skincare plan, a variety of personalized and advanced skin care treatments, Hydradermabrasion, Microdermabrasion, Dermaplaning, Chemical Peels, Facials, Brow/Lash Tint, Lash Lift and Tint, and Eyelash Extensions

859-221-4902

104 Court St Versailles, KY 40383

Versailles - Woodford County Parks & Recreation, Falling Springs Center

SERVICES: Youth & Adult Fitness Programs, Full Gym, Land & Water Fitness Classes, Indoor Lap Pool, Indoor Therapy Pool, Outdoor Splash Pool

859-873-5948 vwcparksrec.com

275 Beasley Dr Versailles, KY 40383

Woodford Nutrition

SERVICES: Healthy shakes, teas, and more

859-214-4196

157 Yellow Jacket Dr Versailles, KY 40383

Woodford County Health & Wellness Directory

FITNESS & WELLNESS

The Kentucky Castle Spa

SERVICES: Sauna, Massage, Body Treatments, Facials
859-256-0322 TheKentuckyCastle.com/Spa
230 Pisgah Pike Versailles, KY 40383

Workout Anytime

SERVICES: 24-hour gym including cardio, personal training, tanning, and more.
859-214-4390 WorkoutAnytime.com
480 Lexington Rd Versailles, KY 40383



— THE —
KENTUCKY
CASTLE
SPA

MAKE TIME FOR
yourself
OPEN DAILY TO THE PUBLIC
9 AM - 5 PM

859-256-0322

WWW.THEKENTUCKYCASTLE.COM

Woodford County Health & Wellness Directory

INSURANCE

Aaron Smither - BIG Insurance

SERVICES: Insurance Agency
859-873-5111 MyBigky.com
474 Kroger Way Versailles, KY 40383

Assured Neace Lukens

SERVICES: Insurance firm
859-543-1716 AssuredPartners.com/Lexington
2443 Sir Barton Way #400 Lexington, KY 40509

Bluegrass Preferred Insurance

SERVICES: Insurance Agency
859-879-6666 BluegrassPreferredInsurance.com
452 Lexington Rd Versailles, KY 40383

Fred Faust Insurance, LLC

SERVICES: Insurance Agency
859-873-5989
225 S Main St A Versailles, KY 40383

Humston Insurance & Realty

SERVICES: Insurance Agency
859-873-8804 HumstonInsurance.com
240 N Main St Versailles, KY 40383

Jan Frasier - Shelter Insurance

SERVICES: Insurance Agency
859-873-4813 ShelterInsurance.com
149 N Main St Versailles, KY 40383

Woodford County Health & Wellness Directory

INSURANCE

Kentucky Farm Bureau Insurance

SERVICES: Insurance Agency
859-873-4491 KYFB.com
423 Lexington Rd Versailles, KY 40383

Midway Insurance Group

SERVICES: Home, auto, Business, & Life Insurance
859-948-4054 MidwayInsuranceGroup.com
21 Old Frankfort Pike Midway, KY 40347

Stan Simmons - State Farm

SERVICES: Insurance Agency
502-839-4291 StateFarm.com
1080 Bypass S #1 Lawrenceburg, KY 40342



Kentucky Farm Bureau Insurance

Austin Wingate

423 Lexington Road
Versailles, KY 40383

859-749-3954

Austin.Wingate@kyfb.com

INSURANCE

Woodford County Health & Wellness Directory

LEGAL SERVICES

Case, Bailey & Maines, PLLC

SERVICES: Insurance Attorney

859-243-0228 CBMLaw.net

3151 Beaumont Centre Cir Suite 200 Lexington, KY 40513

Dunlap Law Firm, PLLC

SERVICES: Lawyer

859-214-4326 DunlapLaw.org

102 N Main St Versailles, KY 40383

Embry Merritt Womack Nance, PLLC

SERVICES: Lawyer

859-543-0453 EMWNLaw.com

201 E Main St #1402 Lexington, KY 40507

Hoffman & Barnes

SERVICES: Estate planning, probate, and real estate services

859-873-5427

100 United Dr #4b Versailles, KY 40383

McCauley and Mattingly

SERVICES: Real Estate Attorney

859-873-8033 137Law.com

100 United Dr Suite 4D Versailles, KY 40383



HOFFMAN & BARNES
ATTORNEYS

Woodford County Health & Wellness Directory

LEGAL SERVICES

Rouse & Rouse Attorneys, PLLC

SERVICES: Legal services including: Elder Law, Medicare & Medicaid, Estate Planning, Probate, and Real Estate

859-873-7966 RouseAndRouseLaw.com

100 United Dr Suite 5A Versailles, KY 40383

Walther, Gay & Mack

SERVICES: Lawyer

859-225-4714 WGMFirm.com

163 E Main St #200 Lexington, KY 40507



Legal services including: Elder Law,
Medicare & Medicaid, Estate Planning,
Probate, and Real Estate

100 United Drive, Suite 5A, Versailles, KY 40383

(859) 873-7966

rouseandrouselaw.com

Versailles Pediatrics

Pediatric Care
Close to Home

☎ 859-873-3570



Dr. Asope Elder
Christa Walters, APRN


 360 Amsden Avenue
Suite 200
Versailles, KY 40383

  @VersaillesPeds



We deliver.

Women's Care of the Bluegrass has been providing women with outstanding obstetrical and gynecological care for over 20 years.

 *Women's Care
of the Bluegrass*
A Part of Cumberland Family Medical Center, Inc.

www.wcotb.com

360 Amsden Avenue | Suite 200 | Versailles, KY | 502-227-BABY

Woodford County Health & Wellness Directory

EYE CARE

Kentucky Eye Institute

SERVICES: Vision clinic
859-873-7805 KYEye.com
149 Frankfort St Versailles, KY 40383

Neuro-Visual Performance Institute

SERVICES: Neuro-Visual Performance Training. This allows the eyes, the brain and the body to work together as a team. We can help anyone struggling with reading/ learning, post-brain injury symptoms, balance/coordination, eyes turns and so much more!

859-879-0089 neurovisualperformanceinstitute.com
105 Crossfield Dr Suite B Versailles, KY 40383

Neuro-Visual Performance Institute *eyes.brain.body.mind*

WANT TO CHANGE YOUR LIFE?

Increase Quality of Life

Improve Reading & Learning Skills

Enhanced Sports Performance

Correct Eye Turns Without Surgery

Recovery After Brain Injury

Successful Treatment at Any Age

Give us a call today! 859-879-0089
105 Crossfield Dr. Versailles, KY 40383
neurovisualperformanceinstitute.com

EYE CARE

Woodford County Health & Wellness Directory

ADDITIONAL RESOURCES

Alzheimer's Association

SERVICES: Support Groups, Public Education, Caregiver Education, Dementia Training & Care Resources, 24/7 Helpline, Care Consultations, Volunteer Opportunities, Advocacy, Walk to END ALZ
859-266-5283 alz.org/kyin
2808 Palumbo Dr Ste. 205 Lexington, KY 40509

Bluegrass Community Action Partnership

SERVICES: Transportation, Food, Clothing, and more
859-873-8182 bluegrasscommunityaction.org
200 Park St Versailles, KY 40383

Frontier Nursing University

SERVICES: Community-based Educational Programs leading to: Doctor of Nursing Practice, Masters of Science in Nursing, and Post-Graduate Certificates in Advanced Practice Nursing Specialties
859-251-4700 frontier.edu
2050 Lexington Rd Versailles, KY 40383

Kentucky Blood Center

SERVICES: Blood Donation Center
800-775-2522 KYBloodCenter.org
3121 Beaumont Centre Cir Lexington, KY 40513

Leukemia and Lymphoma Society

SERVICES: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families
859-536-0446, LLS.org
3844 McGarry Dr Lexington, KY 40502

Woodford County Health & Wellness Directory

ADDITIONAL RESOURCES

Bluegrass Care Navigators

SERVICES: Hospice Care, Bright Path, Transitional Care Dementia Program, Grief Care, PACE, and Integrative Medicine

502-223-1744 bgcarenav.org

643 Teton Trail Frankfort, KY 40601

Life Adventure Center

SERVICES: Life Adventures Center uses outdoor adventure to transform lives affected by trauma and build more resilient people for a better world.

859-873-3271 LifeAdventureCenter.org

570 Milner Rd Versailles, KY 40383



Does your loved one have a serious illness?

Get the comfort that comes with expert care.

WE'RE HERE TO HELP:

bgcarenav.org/hospice | 855.492.0812

HOSPICE VOLUNTEERS NEEDED!

bgcarenav.org/volunteers

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Bluegrass Care Navigators complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Woodford County Health & Wellness Directory

ADDITIONAL RESOURCES

Mentors & Meals

SERVICES: After school tutoring and programming for middle school students

859-552-6873

160 Lexington Rd Versailles, KY 40383

Dr. Sara Murrell, LCSW

SERVICES: Individual, Family, and Couples Counseling for issues including: parents, adjustment, anxiety, self-worth, and depression

859-396-3310

Woodford County Health Department

SERVICES: Immunizations, Fluoride Services, Tuberculosis Services, Grief Counseling, Folic Acid Services, Diabetes Services, and WIC Services

859-873-4541 WCHD.com

229 N Main St Versailles, KY 40383

Woodford Food Pantry

SERVICES: Fulfilling the needs for children and low income families in Woodford County

859-879-6373 WoodfordFoodPantry.org

20 Field of Dreams Versailles, KY 40383

Woodford County Senior Center

SERVICES: Programming for the aging community

859-873-8384

285 Beasley Rd Versailles, KY 40383



Woodford County Health & Wellness Directory

Monthly Roundtable Details:

The Woodford County Chamber of Commerce hosts the Woodford County Health + Wellness Roundtable on the fourth Thursday of each month at 9am, locations vary month to month.

Get involved in the conversation around health, wellness, aging, substance abuse, and mental health in Woodford County.

RSVP to Emily Downey at:
Emily@WoodfordCountyInfo.com

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